

AS A COURTESY WE FILE INSURANCE HOWEVER IT IS YOUR RESPONSIBILITY TO KNOW YOUR COVERAGE.  
INSURANCE WILL NOT BE FILED UNTIL THIS FORM IS COMPLETED & RETURNED.  
YOU WILL BE RESPONSIBLE FOR THE FULL FEE FOR ALL SESSION CHARGES INCURRED PRIOR TO ITS RETURN

### The Barnabas Center for Counseling

Please call your insurance company and ask them the following questions. On your insurance card there may be several telephone numbers: You want to call the number or option that is for Mental Health/Substance Abuse or it may be under Behavioral Health.

Patients Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Policy Holders Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Insured's ID: \_\_\_\_\_ Group ID: \_\_\_\_\_  
Effective Date of Policy: \_\_\_\_\_ Insurance Telephone #: \_\_\_\_\_

Does your plan cover counseling by a Licensed Clinical Social Worker or a Licensed Professional Counselor in an outpatient office setting? : \_\_\_\_\_

Ask if the assigned provider, \_\_\_\_\_ for your appointment is in your network? \_\_\_\_\_

IF the answer to #2 above is NO, ask if your plan pays for out-of-network benefits. \_\_\_\_\_

Is there a deductible/amount? \$ \_\_\_\_\_ How much of the deductible has been met? \$ \_\_\_\_\_

Is there a co-pay or percentage you pay per visit if so, how much? \_\_\_\_\_

Does your plan cover therapy codes (CPT Codes 90791, 90837, 90847 & 90846)? \_\_\_\_\_

Is there a visit or \$\$ limitation on visits per calendar year/benefit period?  
\_\_\_\_\_

Do visits need to be preauthorized and if a treatment plan is required? \_\_\_\_\_

If authorization is required and you are going to be coming in with family or if patient is going to be a minor, you need to let them know that you will need family and individual visits.

If it does need to be authorized ask them for the authorization number: \_\_\_\_\_

Effective dates: from \_\_\_\_\_ to \_\_\_\_\_ How many sessions? \_\_\_\_\_

Ask for the claim submittal address (this is not always the same as what's shown on your card)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name of Rep. who gave you information: \_\_\_\_\_ Date you called: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_